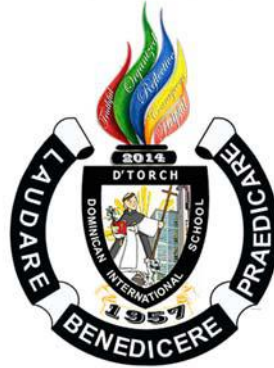


# Dominican International School



## **HEALTH 12**

### **COURSE SYLLABUS**

GRADE LEVEL: Grade 12

SCHOOL YEAR: 2023-2024

TEACHER: **Mr. Erwin Josh Discaya**

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#### COURSE DESCRIPTION:

- Provide the information to the students on why mental illness should be taken seriously.
- Elaborate on how having a healthy relationship with people can influence an individual positively

#### COURSE OBJECTIVES:

- Describe the factors affecting pregnancy and prenatal period.
- Describe the intellectual and emotional changes associated to suicide.
- Discuss the long term effects of proper movement patterns in our health.

#### ASSESSMENT:

- **Attendance and Tardiness ----- 15%**
- **Class Participation ----- 15%**
- **Homework/Seatwork ----- 30%**
- **Exam ----- 30%**
- **Department ----- 10%**

PRIMARY TEXTBOOK & OTHER RESOURCES

**Essential Health**

**Comprehensive Health**

**NASM Sports Performance Training**

**Academic Dishonesty** means employing a method or technique or engaging in conduct in an academic endeavor that contravenes the standards of ethical integrity expected at DIS. Academic dishonesty includes but is not limited to, the following:

1. Purposely incorporating the ideas, words of sentences, paragraphs, or parts thereof without appropriate acknowledgment and representing the product as one's own work; and
1. Representing another's intellectual work such as photographs, paintings, drawings, sculpture, or research or the like as one's own, including failure to attribute content to an AI.
2. Employing a tutor, making use of Artificial Intelligence without acknowledgement, getting a parent to write a paper or do an assignment, paying for an essay to be written by someone else and presented as the student's own work.
3. Committing any act that a reasonable person would conclude, when informed of the evidence, to be a dishonest means of obtaining or attempting to obtain credit for academic work.

**Any act of academic dishonesty will result in an automatic zero on the entire assignment.**

## 1st QUARTER – TENTATIVE COURSE CONTENT

(NB: Depending on time and interest, the teacher may delete and/or add other selections.)

Week / Date	Topic / Projects / Assessments
<b>Week 1</b> <b>Aug 10<sup>th</sup> to 11<sup>th</sup></b> <b>Only 2 School Days</b> <i>10 ~ First Day / Orientation Day</i>	Class Orientation
<b>Week 2</b> <b>Aug 14<sup>th</sup> to 18<sup>th</sup></b> <i>15 ~ Opening Mass</i>	Introduction to the Endocrine System
<b>Week 3</b> <b>Aug 21<sup>st</sup> to 25<sup>th</sup></b>	Endocrine Gland
<b>Week 4</b> <b>Aug 28<sup>th</sup> to Sep 1<sup>st</sup></b>	Pituitary Gland
<b>Week 5</b> <b>Sep 4<sup>th</sup> to 8<sup>th</sup></b> <i>8 ~ Holy Mass &amp; VIP Induction</i>	Peptide Hormone
<b>Week 6</b> <b>Sep 11<sup>th</sup> to 15<sup>th</sup></b> <i>12-14 ~ Pre-Exam Days</i>	Review
<b>Week 7</b> <b>Sep 18<sup>th</sup> to 22<sup>nd</sup></b>	Exams

## 2<sup>nd</sup> QUARTER – TENTATIVE COURSE CONTENT

(NB: Depending on time and interest, the teacher may delete and/or add other selections.)	
Week / Date	Topic / Projects / Assessments
<b>Week 1 (10)</b> <b>Oct 9<sup>th</sup> to 13<sup>th</sup></b> <b>3 Days of Class</b>  <i>9-10 – Double 10 Holiday</i>	Male Reproductive Tract: Anatomy
<b>Week 2 (11)</b>  <b>Oct 16<sup>th</sup> to 20<sup>th</sup></b>	Female Reproductive Tract: Anatomy
<b>Week 3 (12)</b>  <b>Oct 23<sup>rd</sup> to 27<sup>th</sup></b>	Female Reproductive Disorders (1)
<b>Week 4 (13)</b> <b>Oct 30<sup>th</sup> to Nov 3<sup>rd</sup></b>  <i>1 - All Saint's Day Mass</i>	Female Reproductive Disorders (2)
<b>Week 5 (14)</b>  <b>Nov 6<sup>th</sup> to 10<sup>th</sup></b>	Male Reproductive Disorders (1)
<b>Week 6 (15)</b>  <b>Nov 13<sup>th</sup> to 17<sup>th</sup></b>	Male Reproductive Disorders (2)
<b>Week 7 (16)</b>	Male Reproductive Disorders (3)

Nov 20 <sup>th</sup> to 24 <sup>th</sup>	
Week 8 (17) Nov 27 <sup>th</sup> to Dec 1 <sup>st</sup>	Exam
Dec 18 <sup>th</sup> to Jan 1 <sup>st</sup>	<b>Christmas Break</b>

### 3rd QUARTER – TENTATIVE COURSE CONTENT

(NB: Depending on time and interest, the teacher may delete and/or add other selections.)	
Week / Date	Topic / Projects / Assessments
<b>Week 1 (20)</b> <b>Jan 3<sup>rd</sup> to 5<sup>th</sup></b> <u>3 Days of Class</u>  <i>4 ~ New Year Mass</i>	Sex, Gender and HIV and AIDS
<b>Week 2 (21)</b> <b>Jan 8<sup>th</sup> to 12<sup>th</sup></b>	PREGNANCY AND BIRTH
<b>Week 3 (22)</b> <b>Jan 15<sup>th</sup> to 19<sup>th</sup></b>	CHILDBIRTH
<b>Week 4 (23)</b> <b>Jan 22<sup>nd</sup> to 26<sup>th</sup></b>	INFANTS & TODDLERS (AGES 0-3)
<b>Week 5 (24)</b> <b>Jan 29<sup>th</sup> to Feb 2<sup>nd</sup></b>	CHILDREN (APPROXIMATE AGES 4-11)
<b>Week 6 (25)</b> <b>Feb 5<sup>th</sup> to 9<sup>th</sup></b> <u>3 Days of Class</u>  <i>8-9 ~ CNY</i>	TEENS (APPROXIMATE AGES 12-19)

<p><b>Feb 8<sup>th</sup> to 16<sup>th</sup></b></p>	<p><b>Chinese New Year</b></p>
<p><b>Week 7 (26)</b> <b>Feb 19<sup>th</sup> to 23<sup>rd</sup></b> <i>19 ~ Lenten Mass</i>  <i>21-23 ~ Pre-Exam Days</i></p>	<p>Review</p>
<p><b>Week 8 (27)</b> <b>Feb 26<sup>th</sup> to March 1<sup>st</sup></b> <b><u>4 Days of Class</u></b>  <i>28 ~ 228 Memorial Day Holiday</i></p>	<p>Exam</p>

## 4th QUARTER – TENTATIVE COURSE CONTENT

(NB: Depending on time and interest, the teacher may delete and/or add other selections.)	
Week / Date	Topic / Projects / Assessments
<b>Week 1 (29)</b> <b>March 11<sup>th</sup> to 15<sup>th</sup></b> <b><u>4 Days of Class</u></b> <i>11 ~ Q3 Exams</i>  <i>12 ~ Q4 Begins</i>	Sexually Transmitted Diseases
<b>Week 2 (30)</b> <b>March 18<sup>th</sup> to 22<sup>nd</sup></b>  <i>18-21 ~ Fire Drill</i>	HIV/AIDS
<b>March 25<sup>th</sup> to Apr 5<sup>th</sup></b>	<b>Easter Break</b>
<b>Week 3 (31)</b> <b>Apr 8<sup>th</sup> to 12<sup>th</sup></b>  <i>10 ~ Easter Mass</i>	Physical and Cognitive Changes
<b>Week 4 (33)</b>  <b>Apr 15<sup>th</sup> to 19<sup>th</sup></b>	Old Age
<b>Week 5 (34)</b> <b>Apr 22<sup>th</sup> to 26<sup>th</sup></b>  <i>22-26 ~ AP Mock Exams</i>	Death and Dying

<p><b>Week 6 (35)</b> <b>Apr 29<sup>th</sup> to May 3<sup>rd</sup></b> <i>1-2 ~ Pre-Exam</i> <i>1-10 ~ Final Exams (K, 5, 8, 12 only)</i></p> <p><i>4/29 – 5/10 ~ AP Exams</i></p>	<p>Exam</p>
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